

# LIONHEART LUNCHEAS MENU

WEEK 1

At Newbridge School

MAIN

VEGGIE/  
VEGAN

DESSERT

**MONDAY**  
Vegetarian Lasagne  
Garlic Bread  
&  
Garden Peas

**TUESDAY**  
Pork Sausages  
Mashed Potatoes  
Broccoli  
&  
Gravy

**WEDNESDAY**  
Roast Turkey, Roast  
Potatoes, Homemade  
Yorkshire Pudding,  
Stuffing, Gravy,  
Carrots & Parsnips.  
Or Turkey, Stuffing &  
Gravy in a Baguette

**THURSDAY**  
Kitchen 72  
Smoky BBQ Chicken  
Savoury Rice  
&  
Coleslaw Wrap  
BBQ Sauce

**FRIDAY**  
Fish  
Or  
Sausage Roll  
Chips  
Beans/Mushy Peas

Vegan Bolognaise  
Penne Pasta  
&  
Garden Peas

Quorn Vegan Sausages  
Mashed Potatoes  
Broccoli  
&  
Gravy

Quorn Vegan Fillet,  
Roast Potatoes,  
Homemade Yorkshire  
Pudding, Stuffing,  
Gravy, Carrots &  
Parsnips.

Kitchen 72  
Smoky BBQ Quorn  
Savoury Rice  
&  
Coleslaw Wrap  
BBQ Sauce

Quorn Vegan Nuggets  
Chips  
&  
Beans  
Or  
Mushy Peas

Apple Crumble  
&  
Custard

Golden Syrup Sponge  
&  
Custard

Chocolate Brownie  
&  
Chocolate Sauce

Cornflake Tart  
&  
Custard

Homemade Cakes  
and Biscuits

- Jacket Potato with fillings – Baked beans, Cheese and/or Butter
- A choice of Salad Boxes, Baguettes, Wraps, Sandwiches and Cold Pasta Pots
- A Selection of Homemade Cakes and Biscuits, and Fresh Fruit Salad Pots



LIONHEART  
EDUCATIONAL  
TRUST