

LIONHEART LUNCHEAS MENU

WEEK 3

At Newbridge School

MAIN

VEGGIE/
VEGAN

DESSERT

MONDAY

Veggie Bolognese
Penne Pasta
Garlic Bread
&
Garden Peas

Vegan Bolognese
Penne Pasta
&
Garden Peas

Golden Syrup Sponge
&
Custard

TUESDAY

Beef Burger
Or
Cheeseburger
Lettuce, Tomato
Onion, Wedges
&
Sweetcorn

Veggie Burger
Or
Veggie Cheeseburger
Lettuce, Tomato
Onion, Wedges
&
Sweetcorn

Chocolate Brownie
&
Chocolate Sauce

WEDNESDAY

Roast Turkey, Roast
Potatoes, Homemade
Yorkshire Pudding,
Stuffing, Gravy,
Carrots & Parsnips.
Or Turkey, Stuffing &
Gravy in a Baguette

Quorn Vegan Fillet,
Roast Potatoes,
Homemade Yorkshire
Pudding, Stuffing,
Gravy, Carrots &
Parsnips.

Cornflake Tart
&
Custard

THURSDAY

Kitchen 72
Smoky BBQ Chicken
Savoury Rice
&
Coleslaw Wrap
Sweet Chilli Sauce

Kitchen 72
Smoky BBQ Quorn
Savoury Rice
&
Coleslaw Wrap
Sweet Chilli Sauce

Apple Shortcake
&
Custard

FRIDAY

Cheese and Pepperoni
Pizza
Chips
&
Beans

Quorn Vegan Nuggets
Or
Cheese and Tomato
Pizza
Chips
&
Beans

Homemade Cakes
and Biscuits

Jacket Potato with fillings – Baked beans, Cheese and/or Butter

A choice of Salad Boxes, Baguettes, Wraps, Sandwiches and Cold Pasta Pots

A Selection of Homemade Cakes and Biscuits, and Fresh Fruit Salad Pots



LIONHEART
EDUCATIONAL
TRUST