



**THE NEWBRIDGE
SCHOOL**

Lionheart Educational Trust

SUPPORTING YOUR CHILD THROUGH KEY STAGE 4

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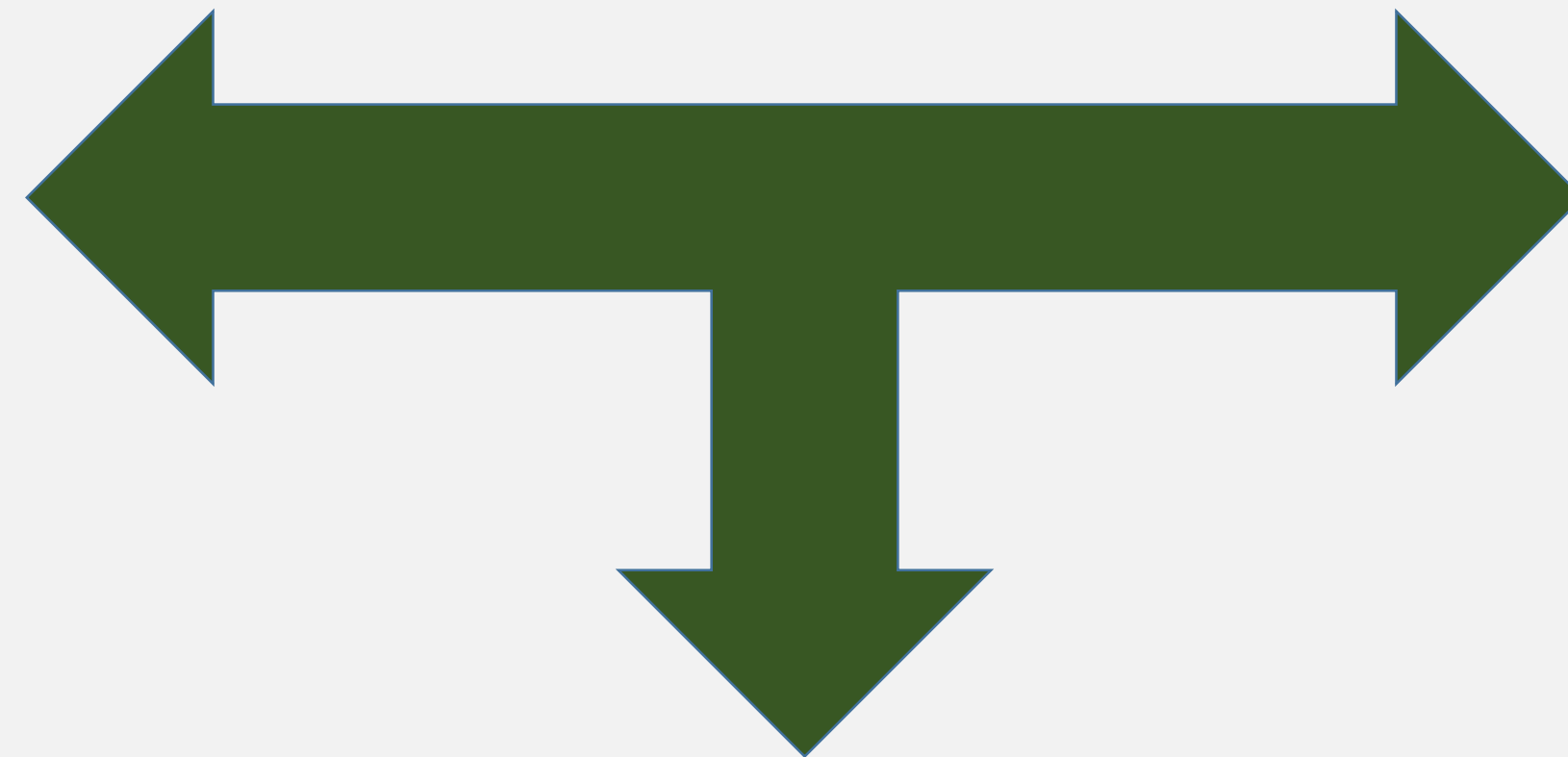
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Preparing for Success

The grades students achieve in Year 11 unlock opportunities for the next stage of their education

Apprenticeships /
Training in work



College of Further
Education

Sixth Form College

School's 6th Form

Whichever route our students wish to take,
there will be entry requirements needed to access the chosen provision.



Exams

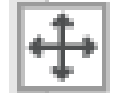
- Mock exams will start in the week commencing the 14th November 2022.
- A timetable showing which exams are taking place has been sent out to all parents and provided to all students in Year 11.
- For some subjects, there will be actual exams taking place in January / February.
- The official exam season starts at the start of May until the end of June.
- There are 25 weeks until the exam season starts – 20 weeks in school!

November Mock Exam Timetable

Tuesday 15th to Tuesday 29th November



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	Tues 15th	Wed 16th	Thu 17th	Fri 18th	Mon 21st	Tue 22nd	Wed 23rd	Thu 24th	Fri 25th	Mon 28th	Tue 29th
P1	MFL Speaking - All Day	Fine Art - All Day	Food (90 mins)	Maths Y10 (90 minutes)	English Language (105 mins)	Maths (90 mins)	Biology Combined (75 mins)	Chemistry Combined (75 mins)	English Literature (105 mins)	DT (120 mins)	Year 8
P2							Biology Triple (105 mins)	Chemistry Triple (105 mins)		French* (90 mins)	Core Knowledge Check
Break											
P3			Geography 1 (90 mins)	History 1 (120 mins)	History 2 (90 mins)	Computer Science (90 mins)	Geography 2 (60 mins)	Religious Studies 1 (120 mins)	Physics Combined (75 mins)	Year 7	Year 9
P4									Physics Triple (105 mins)	Trust Standardised Test	Core Knowledge Check
Lunch											
P5					Sports Science (60 mins)	Health and Social (60 mins)	French Written Paper (60 mins)		Religious Studies 2 (60 mins)		

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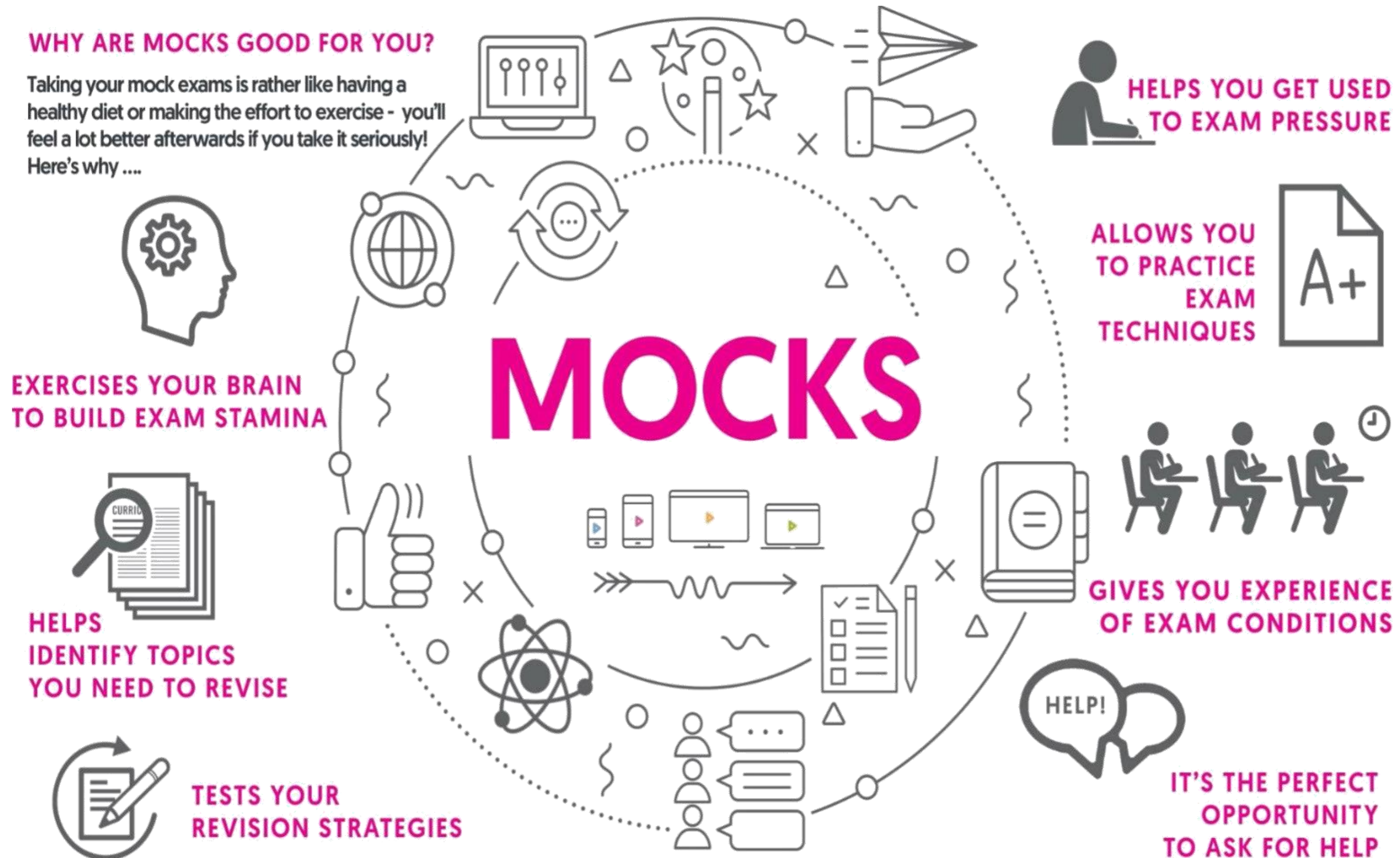
EXAM BOARDS



- These are the main exam boards we use at TNS:
 - **AQA**
 - **Edexcel**
 - **OCR**
- It is important to know which exam board your child is following because content can vary.



SUPPORTING YOUR CHILD THROUGH KEY STAGE 4



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Supporting your child to revise

It is helpful to check your child has a **REVISION TIMETABLE** and ‘sticks to it.’

The timetable should include **ALL** of their subjects.

They may need a range of **REVISION MATERIALS**:
books/ coloured paper/ flash cards/ highlighters/ coloured pens.

Students should complete an adequate amount of revision.
30 - 45 MINUTES per subject should be spent on homework each week.

50 Minute revision followed by a 10 minute break.



Talking to your child

Check in with them about WHAT they have been revising...

- It is good for them to articulate what they have been revising

Practise ELABORATE INTERROGATION...

- **Student:** *“The leisure industry in British seaside towns like Porthcawl in South Wales has deteriorated in the last 4 decades”*
- **Parent:**why?



To revise all elements of GCSE English Lang+Lit

Interleaved Revision Quiz 1 – 20 marks

Macbeth	1. Who becomes King at the end of the play? (1)
J+Hyde	2. What is the name of the character Hyde murders? (1)
AlCalls	3. Which character got Eva pregnant? (1)
Poetry	4. Which is the only poem written by a serving soldier? (1)
Lang P1	5. List how many marks the 5 questions are worth. (5)
Macbeth	6. Give a quotation you could use for Macbeth AND ambition. (1)
J+Hyde	7. What language technique is used in "hissing" "savage" "snarled"? (1)
AlCalls	8. Give 2 quotations which you could use for Sheila AND gender. (2)
Poetry	9. Which poem contains "mind-forged manacles" + what method is it? (2)
Lang P2	10. List how many marks the 5 questions are worth. (5)

GCSE

ENGLISH LANGUAGE

Paper 1 Explorations in creative reading and writing

Time allowed: 1 hour 45 minutes

Materials

For this paper you must have:

- **Source A** - provided as a separate insert.

Instructions

- Answer all questions.
- Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- You must answer the questions in the spaces provided.
- Do not write outside the box around each page or on blank pages.
- Do all rough work in this book. Cross through any work you do not want to be marked.
- You must refer to the insert booklet provided.
- You must not use a dictionary.

Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 80.
- There are 40 marks for Section A and 40 marks for Section B.
- You are reminded of the need for good English and clear presentation in your answers.
- You will be assessed on the quality of your reading in Section A.
- You will be assessed on the quality of your writing in Section B

Advice

- You are advised to spend about 15 minutes reading through the source and all five questions you have to answer.
- You are advised to plan your answer to Question 5 before you start to write.
- You should make sure you leave sufficient time to check your answers.

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Re reading texts

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Revision: A time and a place

Research shows that revision is most effective when the conditions represent an 'exam' environment.

- Sit at a desk.
- Avoid distractions: NO PHONES/ MUSIC.
- Work in a quiet space i.e. Bedroom.
- If you work better in the mornings then schedule more challenging subjects in the morning.



When to start revising

Start revising **NOW** using **DISTRIBUTED PRACTICE**

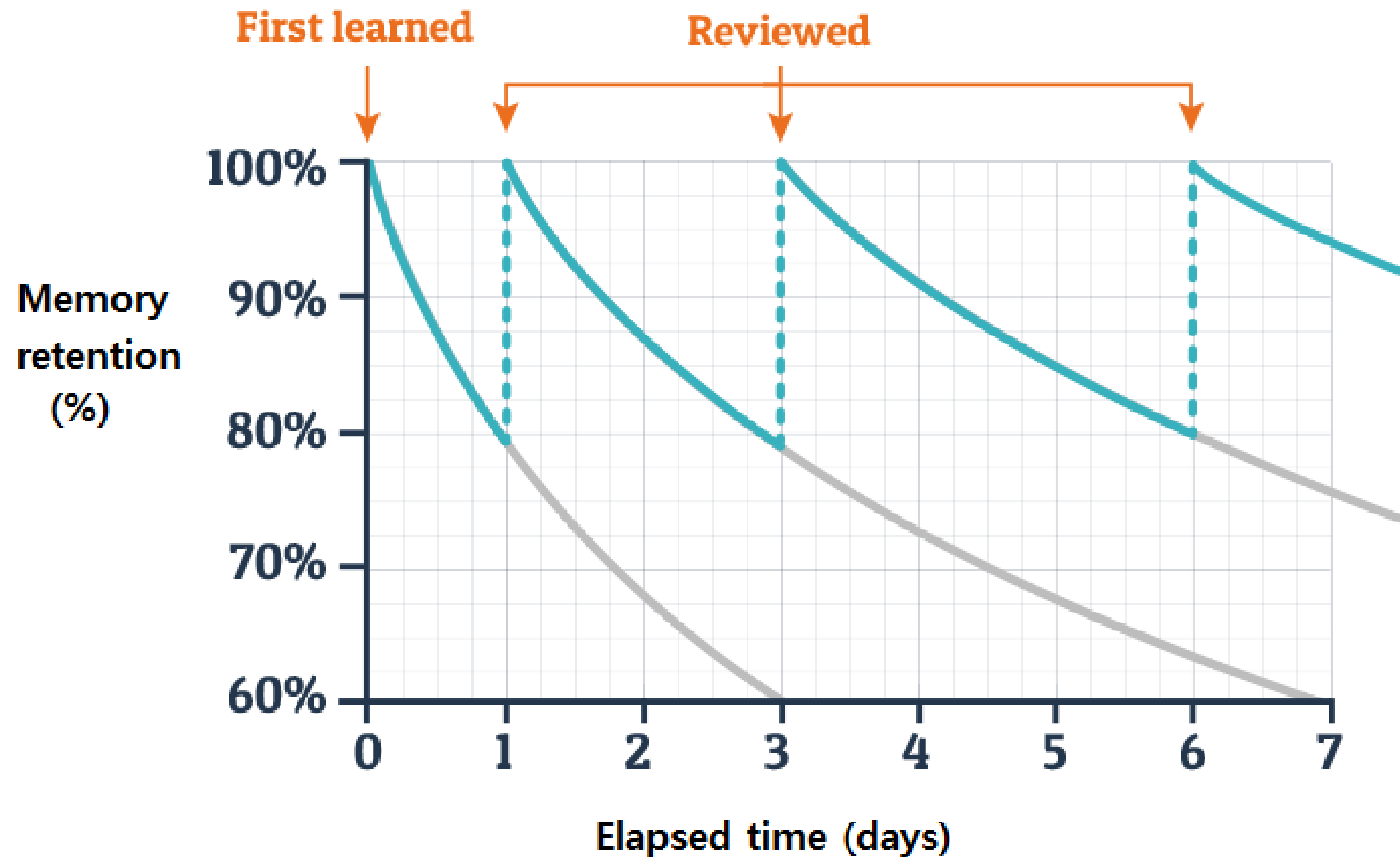
Cramming revision is **NOT AN EFFECTIVE** way to remember information.

Revision needs to start **NOW** as the brain needs time to forget information!

When 'forgotten information' is re-visited, the brain needs to *work even harder* to remember it ... this helps develop long term memory.



Why start now?



The science behind
'spaced learning'

Revisiting builds long
term memory

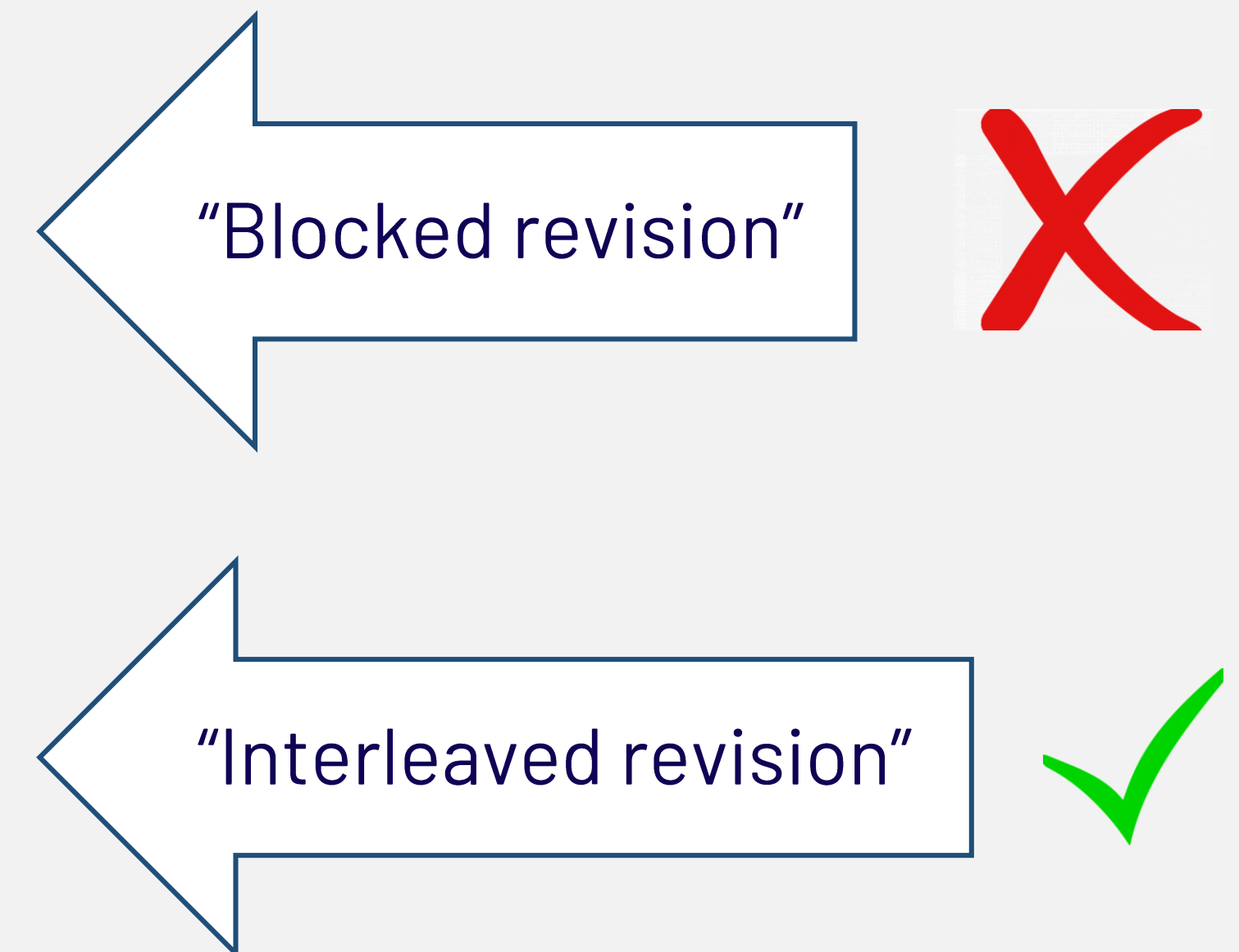
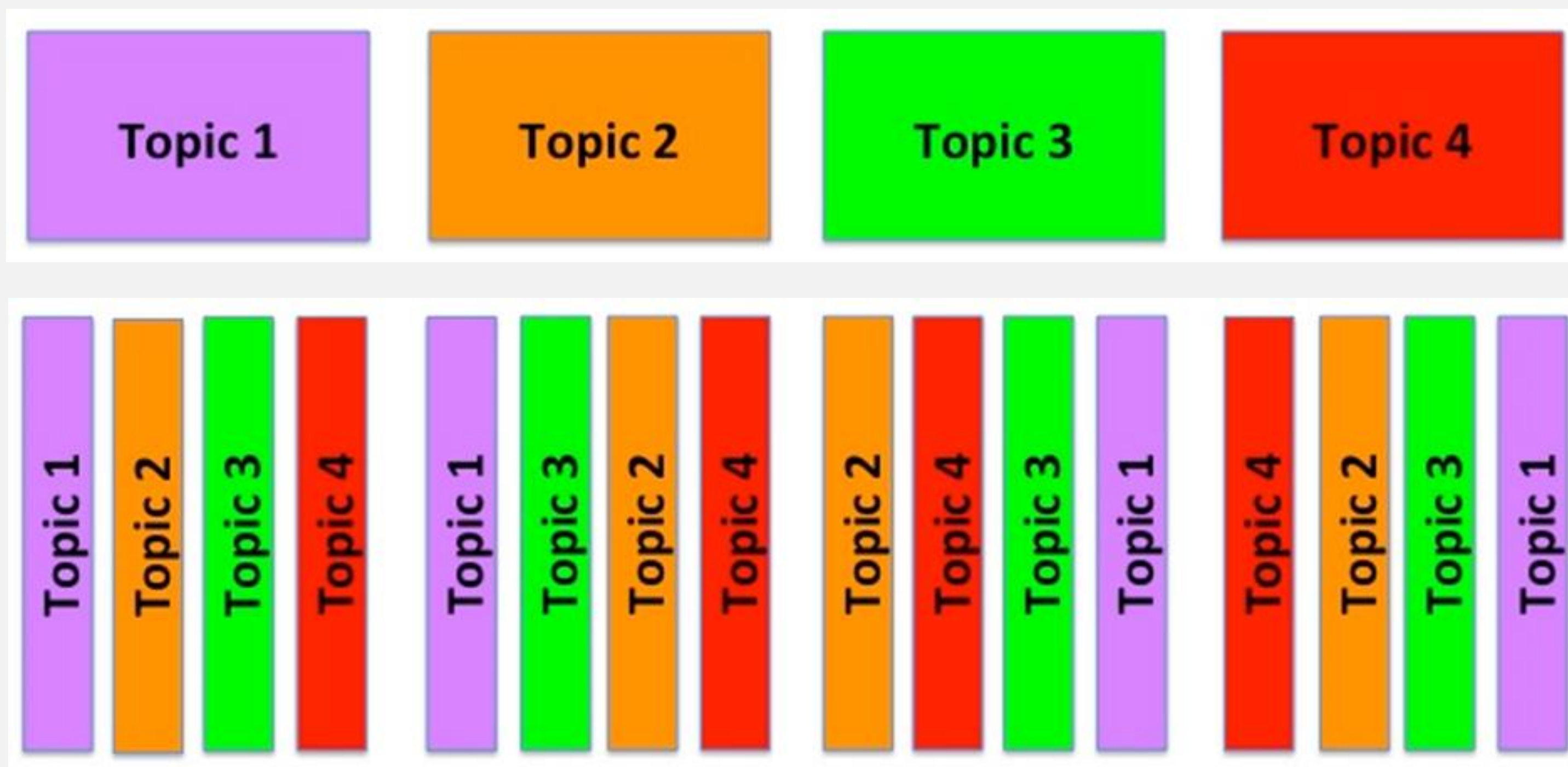
Free up working memory
to solve problems/ think



When planning a revision timetable

Use **INTERLEAVED PRACTICE**

Avoid revising in big chunks / blocks as it goes against the importance of repetition so essential for learning and memory. Rotating subjects keeps the mind active.





Revision Strategies

	Look, Cover, Write, Check	Self Quizzing	Mind Maps	Paired Retrieval	Definitions to Key Words
Step 1	Look at and study a specific area of your knowledge organiser. 	Use your knowledge organiser to create a mini quiz. Write down questions using your knowledge organiser. 	Create a mind map with information from your knowledge organiser. 	Like self quizzing, use your knowledge organiser to create a quiz. 	Write down the key words and definitions. 
Step 2	Cover or flip the knowledge organiser over and write down everything you remember. 	Cover or flip the knowledge organiser over and answer the questions and remember to use full sentences and key words/vocabulary. 	Add pictures to represent different facts, knowledge. Try to categorise different areas in different colours. 	Ask a family member to ask you the questions and tell you which ones you get right and which ones you get wrong. 	Try not to use your knowledge organiser to help you. 
Step 3	Check what you have written down. Correct any mistakes in a different coloured pen and add anything you missed. Repeat. 	Check your answers. Correct any mistakes in a different coloured pen and add anything you missed. Repeat. 	Try to make connections that link information together. 	Following the quiz, summarise which areas you got wrong and need to revise further. 	Use a different coloured pen to check you work and correct any mistakes you may have made. 

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Half Term 2 – Year 11 Intervention Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	History Sports Studies Music	Religious Studies Music	Health and Social Care Art	Art Food	French Geography Sports Science DT
After school		Maths	English	Science	

**Year 11 Boost sessions
are a vital
revision/intervention
resource. Please
encourage your child
to attend!**



Promoting Health and Wellbeing

Anxiety increases when young people feel tired, run down and overwhelmed.

Overall resilience depends on ones physical and mental health, which can be strengthened by:

- Movement / exercise.
- Balance and break up revision with treats.
- Eat a well balanced diet: nutritious food rather than junk food, energy drinks/ caffeine.
- Regular and adequate sleep.



Pastoral Support

Form Tutor

Mrs. Aurora
Year 11 Head of Year

Miss. Boston
Year 11 Head of Year

Mr. Jones
Year 11 Pastoral Mentor



Pastoral Support

Miss. Marlow
SENDCo

Mr. Smith
Director of
SEND

Mrs. Wilton
Counsellor

Mr. Perkins
Mental Health
Professional

This Evening

Staff are also available on site to discuss:

Post-16 – Mrs Knaggs
Exams – Mr Acton

